Dear Randy Sorkin:

A few weeks ago I invited to see a screening of *Broken Mind* as it was in the final stages of post-production. I was really impressed with the film and the amount of time that it spanned which gave a much more truthful sense of people's journey through the high and low times. I was also fascinated by the complexity of the situations as they unfolded. It was such a big step away from the usual stereotypes.

One of the main things that I learned was how unfortunate and unfair it is that the medications used for treatment have such an intense effect on people living with a mental illness. Throughout the beginning we see how well things are going for you while you're on a medication that is very helpful and stabilizing. When your medication was changed it was clear that it was very hard on you and wasn't working in a positive way as everyone had hoped.

There were times when I could really relate to you questioning and doubting the judgment of doctors. I know I would have too. As an audience member watching the scenes where you have to take something that makes you feel awful, I can really understand why you are getting frustrated and angry.

At the same time I sympathized with your family since they are doing the best that they can under the circumstances. Of course, as with any illness, some medication is needed but *Broken Mind* shows how it's just not clear exactly what to use and it seems like there is always some kind of negative side effect that has to be factored in.

In the end it turns out that you and your family are strong enough to push through that difficult time and it is such a great contrast to see what good form you're all in when you come out of the hospital. I think that your sense of humour and witty insight about it all is really inspiring.

This documentary had me laughing in some parts and feeling upset in others, which is exactly what a great film is supposed to do.

All the best to you and yours,

Sincerely:

Sara Beth Edwards